



## WELLNESS MENU

### Polaris Salad | \$12

Heritage Blend Spring Mix, Cucumber, Radish, Carrots, Baby Heirloom Tomatoes Choice of Dressing

Grilled Chicken +9 | Grilled Flank Steak +\$19 | Salmon +\$13

### Beet Salad | \$19

Purple Beet, Heirloom Tomato, Watermelon Radish, Candied Pecans, Whipped Goat Cheese, Maple Vinaigrette

Grilled Chicken +9 | Grilled Flank Steak +\$19 | Salmon +\$13

### Caesar Salad | \$17

Crisp Romaine, Garlic Croutons, Parmesan Cheese

Grilled Chicken +9 | Grilled Flank Steak +\$19 | Salmon +\$13

### Grilled Chicken Club | \$27

8oz Chicken Breast, Wheat Bread, Seasoned Alfalfa Sprouts, Pickled Red Onion, Tomato, Pimento Cheese, Bacon Served with Choice of Fries or Salad

### Mediterranean Platter | \$18

Roasted Garlic Hummus, Olive Tapenade, Vegetable Crudite, Grilled Flatbread

### Marinated Olives | \$10

Citrus Marinade

### Colorado Meat and Cheese | \$35

Riverbear Meats, Mouco Cheese, Local Honey, Fresh Fruit, Spiced Nuts, Lavosh

### Spiced Apple Parfait | \$16

Pumpkin Spice Greek Yogurt, Brown Sugar Overnight Oats, Caramel Apples, Candied Pecans

### Bowl of Fruit | \$8

Seasonal Fresh Fruit

\*All orders include a suggested 20% gratuity and \$3.00 delivery fee. Thank you for your patronage.